

UNIVERSITY OF KENTUCKY

What is an Athletic Trainer?



Athletic Training is practiced by Athletic Trainers, health care professionals who collaborate with physicians to optimize activity and participation of patients and clients. Athletic Training encompasses the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities. They work hands-on with the athletes daily for injury treatment and rehabilitation.

Athletic training is NOT the same profession as personal training. Certified athletic trainers work with more than just athletes – they can be found just about anywhere that people are physically active.

Please visit NATA.org for more information on Athletic Training!

Students who want to become an Athletic Trainer as a career should take the following pathway:

- After obtaining an undergraduate degree in a health science related field, apply to a graduate accredited program. This program will include formal instruction in upper and lower extremity evaluation/rehab, injury prevention, emergency action plans, etc. Students can then sit for the national board exam (BOC) after receiving their master's degree.



OUR STUDENTS

Our students major in a variety of fields: human health science, kinesiology, pre-physical therapy, nursing, and even business. They are given priority registration when registering for classes. This means they schedule with the other student athletes days before the rest of campus. This allows them to register for the classes they need and work their schedule around the practice times for their assigned sport. Last semester our students had phenomenal grades:

- 79% (23 students) achieved a 3.0 or higher semester GPA
- 51% (15 students) achieved a 3.5 or higher semester GPA
- 38% (11 students) achieved a 3.70 or higher semester GPA
- 30% (8 students) received a 4.0 semester GPA

If you have any other questions please email me at alex.logwood@uky.edu

